



# Kizuri Culture Camp

for African American Girls  
Celebrating Our Heritage - Past, Present & Future

When: Saturday, October 11, 2008

Where: Wesley Chapel-William C. Brown Library,  
2861 Wesley Chapel Road, Decatur 30034

Time: 10:30 AM-4:30 PM

## Parents or Guardians

Did you know:

- Girls are seven times more likely than boys to be depressed and twice as likely to attempt suicide.
- Girls are three times more likely than boys to have a negative body image.
- One in five girls between the ages of 12 and 17 drink alcohol and smoke cigarettes.



Looking for African American girls 10-11 years old interested in changing the world and gaining a sense of awareness of who they are and what they are about. By focusing on our rich African American heritage during this session, the girls will:

- Gain more confidence
- Learn to appreciate the body they have
- Gain a higher sense of self worth
- Learn to appreciate their strengths, talents & gifts
- Create their own definition of beauty

## Highlights

- ◆ Learn about African History
- ◆ Participate in African dance and music activities
- ◆ Review how African Americans are portrayed in the media
- ◆ Discuss African American heroes and sheroes—past, present & future
- ◆ Participate in drama activity
- ◆ Make an art project
- ◆ Special invited guest
- ◆ Lunch & snacks will be provided